



SACRED HEART CENTER OF HOPE

Diocese of Steubenville
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OUT OF HIS HEART WILL FLOW LIVING WATERS

Allowing Jesus to Wash My Feet

Dear Friends:

One of the most blessed times of Lent for me is when I meditate on Jesus washing His disciples feet (Holy Thursday). This year I was led to pray with Jesus washing my feet.

As Jesus washes my feet, I am aware that He knows everywhere that they have trod. He knows how each experience has affected my heart... He

looks. Our eyes meet. He knows me and loves me just as I am. I need not say a word. In stillness of heart, I allow Him to pour the refreshing water over my feet. The refreshing waters flow, and His gentle touch wipes away the debris. Then looking up, His loving gaze says it all, setting my mind at ease: "I love you My daughter. It is as simple as that. No matter where you go, I am with you. I will never leave or abandon you. You are precious and dear to Me." Then He takes the towel and dries my feet and even kisses them tenderly. He put down the towel and shares from the heart: "...As I have done, so you must do."

Please know my love and prayers are with you as you enter into these high holy days.

Trusting in His Merciful Love,

Sr. Katherine Caldwell, TOR

Sr. Katherine Caldwell, LPC, CTT
Mission and Program Developer



"As I have done, so you must do."

Jesus washing his disciples feet symbolizes the sacraments—the true cleansing of our souls—which renews us from within and makes us a new creation. Christ's gift of His life within us is what enables us to follow His example. Jesus' washing of feet is more than simply the example of a humble service for his

friends. It symbolizes Jesus' gift of Himself, the laying down of His life for His friends. When we receive the sacraments, we allow Jesus to wash our feet and to empower us to love as His has loved. Several years ago I began a practice before Holy Thursday to prayerfully consider how Christ was leading me to

wash my sisters' feet. The guidance I receive was different for each sister and changed each year. As we enter into Holy Week, let us allow Jesus to wash our feet, to cleanse our souls and to guide and empower us to wash the feet of our brothers and sisters.

Creating Our Logo and Its Meaning

“Jesus stood up and exclaimed, ‘Let anyone who thirsts come to me and drink. Whoever believes in me, as scriptures says: Rivers of living water will flow from within him.’” Jn. 7:37-38

Some of you may have noticed that we have a new look for Living Water Newsletter. I am so grateful to Jennifer Sorrent for her assistance with the graphic design for our logo.

I wanted the logo to capture our desire to bring Christ’s merciful love and healing to the people suffering from trauma and various painful life experiences.

The Sacred Heart symbolizes that He loves us, forgives us, and died for us. He allowed His Heart to be broken in compassionate love for us by the Cross. The Cross symbolizes that Christ knows suffering and that He is with us in our suffering. Going back to the Father’s of the Church, the blood and water from the pierced Heart of Christ has been described as the

streams of our salvation and of the mercy of God.

Like the Samaritan woman at the well, Jesus invites us to drink of His live giving water (Jn. 4). The quote above is from John 7:37-38 when Jesus invites all to come to Him and to drink. When we drink from Him, we too will flow with living waters. What a hopeful promise from our God!



Going Forward in Hope

Sacred Heart Center of Hope has approval from our Bishop to move forward with its renovation plans for this spring. The Center is under the auspices of Catholic Charities which is a separate

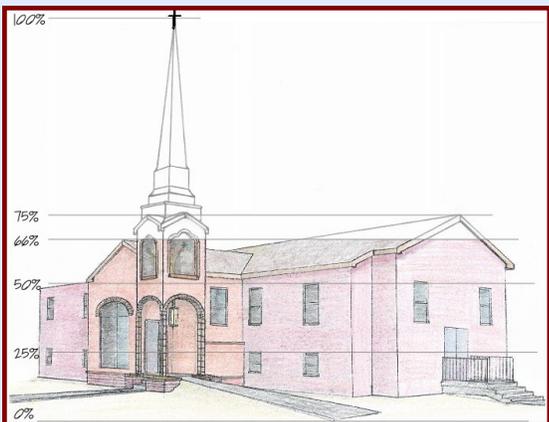
nonprofit status from the Diocese. While the Cathedral project is on hold, we are going forward in hope with the first two phases of the renovations for the Center.

We plan for the building to be ready by the fall. We are increasing our fundraising efforts to make this goal possible.



Healing one Heart at a Time Campaign

Help Make SACRED HEART CENTER OF HOPE a Reality



\$ 243,000 left to raise for facility

Sacred Heart Center of Hope has been raising funds for its renovations through grants and major donations over this past year. The total cost of the renovated facility is estimated to be \$550,000, including the purchase, renovations, and soft costs. We have raised 66% (\$307,000) and have \$243,000 left to raise for the building. We also need to raise \$220,000 for our professional and support staff, and operational expenses. Thus,

In total we still need to raise \$463,000.

Follow the Campaign on Facebook.

- ♥ **\$220,000** for staff & operations
- ♥ **\$463,000** Total money still needed