



SACRED HEART CENTER OF HOPE
 Diocese of Steubenville
 P.O. Box 969
 Steubenville, Ohio 43952
 740-424-1280



OUT OF HIS HEART WILL FLOW LIVING WATERS

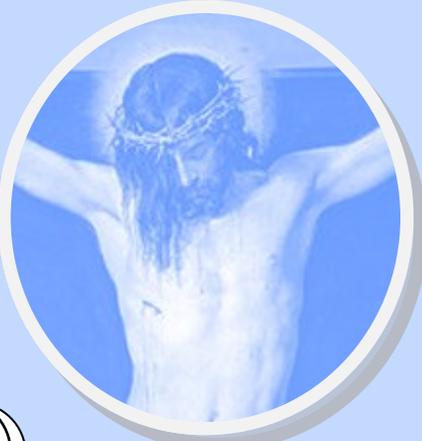
MASS: WELLSPRING OF GOD'S ABUNDANT LIFE & LOVE

Dear Family and Friends:

How would your life be different if you could tap into knowing God's love every day? My prayer for you this Lent is that you may know more fully the abundant life God desires for you! The love of God is like a well that never runs dry. Prayer is our way of tapping into the wellspring of God's love, His Holy Spirit. Like the woman at the well, Jesus asks us for a drink because He thirsts to fill us with His life-giving water.

Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." ...the water I shall give will become in him a spring of water welling up to eternal life" (Jn 4:10, 14).

On the cross, Jesus cried out "**I thirst.**" One has only to look upon the cross to see Christ's love poured out for us, His thirst to love us to the end. As He breathed His last, He proclaimed "**It is consummated**" and handed over His Spirit (John 19). From His pierced Heart flowed Blood and Water, becoming the living streams of our salvation and the birth of the Sacraments. He gave us His Body and His Blood so that we may



share life with Him eternally. All that He suffered for us was so we could be wedded to Him forever. Jesus is the Bridegroom of the Church.

Tapping into the graces of Mass is the most powerful form of prayer because we receive Christ's Body, Blood, Soul and Divinity. He comes into us so that we may have life with Him eternally. From the Gospel of John, chapter 6, **Jesus said to them, "Amen, amen, I say to you... Whoever eats my flesh and drinks my blood has eternal life, ...he remains in me and I in him.** Wow! Jesus remains in you, and you remain in Him.

You may be thinking: This all sounds wonderful, but I get so distracted and do not feel united with Christ at Mass. The secret to praying the Mass is to ask Mother Mary to companion you. The Catechism describes how at Mass we are with Mary at the foot of the cross offering and being offered with Christ.

- ♥ Ask Mother Mary to prepare your heart before Mass begins.
- ♥ In the offertory, ask her to help you make your *fiat* by offering up your life, concerns, and intercessions with Christ to the Father.
- ♥ As Mother Mary received Jesus into her womb at the Annunciation, ask her to accompany you as you receive Christ's Body and Blood in Communion.

When we receive Jesus in the Eucharist, His living waters flow in and through us to bring His life and love to others. Like Mother Mary we bring Jesus anew into the world.

Thank you for brining Jesus' love to those suffering by your support of the Sacred Heart Center of Hope and by all the wonderful ways you love your family and those in need. You remain in my prayers!



Trusting in His Merciful Love,

Sr. Katherine Caldwell, TOR

Sr. Katherine Caldwell, LPC, CTT
 Mission & Program Developer



Thanks for your support!



WELLSPRING OF GOD'S ABUNDANT LIFE AND LOVE

SACRED HEART RETREAT JUNE 28-29



**Sponsored by Sacred Heart Center of Hope
Hosted at Father of Mercy Chapel**



**Friday 7:00-8:30 p.m.
Saturday 9:00-11:30 a.m.**

**369 Little Church Road
Toronto, Ohio 43952**



Social Media Ministry

Touching Lives through Beauty and Truth

BELIEVE THAT

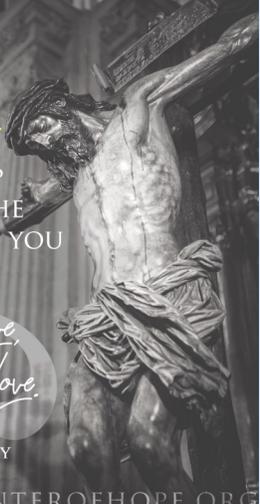
He loves you.

HE WANTS TO HELP YOU HIMSELF IN THE STRUGGLES WHICH YOU MUST UNDERGO.

*Believe in His Love,
His exceeding Love.*

ST. ELIZABETH OF THE TRINITY

SACREDHEARTCENTEROFHOPE.ORG



Stina Barnett Ghioto is volunteering as our Social Media Coordinator. She loves spending time with her husband, painting with watercolors, and has a passion for helping others learn that healing from traumatic experiences is possible. Stina is excited to put her artistic abilities to help advance the mission of the Sacred Heart Center of Hope.

To see Stina's posts visit us at Sacred Heart Center of Hope





Downtown TOR Sisters Conduct Needs Assessment & Collaboration Project



Purpose

The TOR Sisters living in downtown Steubenville, who minister at LAMP, Samaritan House and Sacred Heart Center of Hope, conducted a Needs Assessment and Collaboration Project with the following three-fold purpose:

1. To assess the needs in Steubenville
2. To explore how we could better meet these needs by greater collaboration with our three ministries
3. To collaborate more fully with other local agencies.

We gained the data by interviewing directors of local agencies, meeting with local governmental officials, facilitating focus groups from the volunteers and workers from Samaritan House and LAMP, and conducting a survey with people associated with Samaritan House and LAMP.

Local Agencies

The most prevalent needs expressed by the agencies and officials are as follows:

1. Treatment (especially residential) for drug addiction
2. Trauma therapy
3. Prevention and support (support for caretakers, especially grandparents raising their grandchildren)
4. Life skills
5. Positive social outlets
6. Transportation

Regarding Sacred Heart Center of Hope, the agencies we interviewed did not see unnecessary duplication of services and were supportive of faith and prayer being integrated with professional therapy. Almost all the agencies plan to refer clients to the Center for trauma therapy and prevention programs and to collaborate to provide secondary trauma and self-care programs for their workers. There was expressed interest in co-sponsoring a marriage crisis prevention program for the local parishes and trauma focused parenting classes for the local area, as well as collaborating with **Samaritan House** to enhance a job skill training program and to create a professional clothing program.

Samaritan House Focus Group & Survey

Regarding Samaritan House, an overwhelming majority of the people surveyed and interviewed affirmed our ministry and just encouraged us to keep doing what we are doing – living the Gospel. They expressed their overall satisfaction with our ministry at Samaritan House, the services we offer, the “Christ-like atmosphere” we provide at the store, and all that we do for the downtown area. We were praised for our prices, especially as compared to other thrift stores and stores in town as well as the quality of merchandise and cleanliness of our merchandise. The most prevalent suggestions to improve our ministry at Samaritan House expressed by the focus

group, individuals surveyed, and board members are as follows:

1. Open an additional Day, Saturday
2. Increase advertising
3. Increase volunteers and training



LAMP Volunteer Focus Group

The volunteers affirmed the goodness of the ministry and the positive effects for those who attend and those who serve. Franciscan University has always collaborated with LAMP and the students greatly benefit from learning how to serve those in need. LAMP is the only weekend ministry that the sisters do that involves many volunteers from different parts of the community. The volunteers are very committed to the ministry.

LAMP Survey primarily Christmas

Around 58% of people surveyed at the Christmas event come regularly to LAMP, other less regularly with 20% for holiday events only. In addition to the overwhelming appreciation of the sister's service and presence, the top three answers in response to the questions about how LAMP meets their needs and what they appreciate about the ministry were as follows:

1. Social/fellowship
2. Faith based programs
3. Activities for children.

We thank our volunteers and patrons!

For information or to make a donation

Sr. Katherine Caldwell at 740-424-1280



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For online giving
www.sacredheartcenterofhope.org

THANK YOU FOR YOUR SUPPORT & PRAYERS.

Thank you for your support, prayers and encouragement for the Sacred Heart Center of Hope. It has taken us longer than we had anticipated to get the Center renovated, but it is now coming together in positive ways.



We have made progress in both decreasing the cost of the renovations and in raising money for the project. The renovation team (see picture) began brainstorming in the summer for ways to decrease the cost of the renovations without compromising the quality and function of the facility. We are awaiting final approval for changes that should bring the project back to budget. We will give you the details after the final approval, new estimates, and new schedule are completed.